



Consultation Appointment

Please note the following important information regarding Sleep Consultation Appointments.

Please bring:

- Sleep History Questionnaire
- Insurance card and copay, if applicable to your insurance
- Photo identification
- List of medications
- Copies of medical records, if requested

This appointment will last between 30 and 60 minutes.

We know life gets busy, but we do request a 24 hour notice for cancellations. In the event that an office visit or consultation is missed without a cancellation call to us, there will be a \$100 charge to your account.

Thank you,

Northwest Sleep Health Staff
503.353.1272